

# ATBSO NSW NEWSLETTER

Hi Everyone,

Welcome to the first edition of the ATBSO NSW Newsletter, as requested by the members at our 2021 AGM, to help improve the communication between the committee and our members.

## **Who's, Who in the ZOO!**

How well do you know the people that are on our Committee, let me take this opportunity to introduce them all to you?

President: Jim Bakirtzidis

Vice President: Nick Koumandakis (male), Kathy Luxford (female)

Secretary: Doug Elliott

Treasurer: Susanne Jack

Tournament Director: Jim Karakostas

Tournament Secretary: Evelyn O'Donnell

Directors: Noelle Bakirtzidis, Glenn Rowland, Daniel Maier, Steve Lenton

## **Know who is representing "TEAM NSW" at ATBSO Nationals!**

Restricted Men: Daniel Maier ©, Terry Albrew, Ian Compton, John Ford, Bill Wilson & Manfred Jankowski

Manager: Doug Elliott

Restricted Ladies: Evelyn O'Donnell ©, Pat Robertson, Andree Porter, Kath Kellett, Liz Thompson & Michelle Simmonds

Manager: Noelle Bakirtzidis

Classic: Nick Koumandakis ©, Les Harrison, Cameron Phillips, George Sammut, Rob Szumski & Greg Williams

Manager: Steve O'Donnell

Open Men: Jim Karakostas ©, Jim Bakirtzidis, Michael Wilshaw, Glenn Rowland, Chris Bateup & Steve Lenton

Manager: Steve O'Donnell

Open Ladies: Noelle Bakirtzidis ©, Kathy Luxford, Susanne Jack, Annette Bateup, Julie Harrison & Kathy Compton

Manager: Sarah Heath

### **And the WINNER IS?**

Congratulations to our top three (3) teams at our last monthly TRIOS tournament held at Windsor.

1<sup>st</sup> Place: Kathy Compton, Manfred Jankowski & Les Harrison

2<sup>nd</sup> Place: Michelle Simmonds, Ian Compton & Rob Szumski

3<sup>rd</sup> Place: Pat Robertson, John Ford & George Sammut

### **Next 3 Monthly Tournaments:**

1. May 23<sup>rd</sup> – Singles – Zone Bowling Tuggeranong, ACT
2. June 20<sup>th</sup> – Singles – Bowlarama Wetherill Park
3. July 18<sup>th</sup> – Handicap Doubles – Campbelltown City Bowl

### **We want you!**

With the 2021 ATBSO Nationals fast approaching, and NSW being the host at Campbelltown City Bowl, we are asking our lovely members to donate some of their free time to Volunteer, and help the committee run a safe & successful event, if you would love to help us out, please let Jim Bakirtzidis know at our June tournament held at Bowlarama Wetherill Park.

### **How do I become a part of “TEAM NSW” at ATBSO Nationals???**

For all our current & NEW members that would like to know about representing “TEAM NSW” at the next ATBSO Nationals in Tasmania 2022, here’s how it works.

The ATBSO NSW Tournament Calender runs from April 2021 till February 2022, during this time you will need to compete in six (6) of these events to become eligible to roll off for Restricted, Classic or Open teams.

Roll Off’s for these teams will be held in March 2022 at a venue TBA.

### **A bowling TIP from the COACH!**

With the thumb up on your non-bowling arm’s hand, your shoulders want to close throughout the bowling approach, and this creates pulled shots and other inconsistencies. With the thumb facing down on your non-bowling arm’s hand, your shoulders stay open longer, allowing the bowling swing to naturally flow throughout the bowling approach.

When your shoulders are stable throughout the bowling approach your accuracy and balance increase, which leads to more consistent shots!

Hope you enjoyed reading the first Edition of our Newsletter, if there is anything you would like to see in our next Newsletter let me know, just send me an email at [glenn@qamf.com.au](mailto:glenn@qamf.com.au)

Thanks

Glenn Rowland - Director